



Family Satisfaction Scale

1	2	3	4	5
Very Dissatisfied	Somewhat Dissatisfied	Generally Satisfied	Very Satisfied	Extremely Satisfied

Please circle the number that best fits for each statement:

- The degree of closeness between family members. 1 2 3 4 5
- Your family’s ability to cope with stress. 1 2 3 4 5
- Your family’s ability to be flexible. 1 2 3 4 5
- Your family’s ability to share positive experiences. 1 2 3 4 5
- The quality of communication between family members. 1 2 3 4 5
- Your family’s ability to resolve conflicts. 1 2 3 4 5
- The amount of time you spend together as a family. 1 2 3 4 5
- The way problems are discussed. 1 2 3 4 5
- The fairness of criticism in your family. 1 2 3 4 5
- Family members concern for each other. 1 2 3 4 5

Family Communication Scale

1	2	3	4	5
Strongly Disagree	Generally Disagree	Undecided	Generally Agree	Strongly Agree

Please circle the number that best fits for each statement:

- Family members are satisfied with how they communicate with each other. 1 2 3 4 5
- Family members are very good listeners. 1 2 3 4 5
- Family members express affection to each other. 1 2 3 4 5
- Family members are able to ask each other for what they want. 1 2 3 4 5
- Family members can calmly discuss problems with each other. 1 2 3 4 5
- Family members discuss their ideas and beliefs with each other. 1 2 3 4 5
- When family members ask questions of each other, they get honest answers. 1 2 3 4 5
- Family members try to understand each other’s feelings. 1 2 3 4 5
- When angry, family members seldom say negative things about each other. 1 2 3 4 5
- Family members express their true feelings to each other. 1 2 3 4 5