

Jaimelyn Roets

EDUCATION

University of Michigan – School of Social Work	Ann Arbor, MI
Master of Social Work, December 2006	
<ul style="list-style-type: none">• Concentrations in Mental Health and Interpersonal Practice• Completed requirements for School Social Work Certificate	
Relevant coursework: Mental Health and Mental Disorders of Children and Youth, Interpersonal Practice With Children, Uses and Implications of Psychological Testing in Social Work	

Michigan State University	East Lansing, MI
Bachelor of Arts, May 2005	
<ul style="list-style-type: none">• Concentration in Psychology• Specializations in Connective Learning and Environmental Studies• Study Abroad: Spanish Study in Merida, Mexico• Study Abroad & Internship: Education and women empowerment in New Delhi, India	

HUMAN SERVICES EXPERIENCE

Children’s Hospital Colorado	Aurora, CO
Licensed Clinical Social Worker	July 2009 –Present
<ul style="list-style-type: none">• Serve as full-time Anxiety and OCD Clinic Therapist. Services include the following:• Individual and Family Therapy• Cognitive Behavioral Group Therapy• Intensive Outpatient Program sessions for individuals ages 5-19• Collaborating with diverse, interdisciplinary treatment teams throughout the hospital, community and educational environments to achieve integrated care for patient wellness• Performing outpatient psychiatric evaluation, including biopsychosocial assessment and interviewing, diagnostic formulation using DSM IV-TR and DSM 5, psycho-education, and psychological recommendations• Conducting Emergency Department crisis evaluations• Conducting Day Treatment evaluations and new patient intakes	

The Children’s Resource Center	Ann Arbor, MI
Children’s Therapist	March 2007 – June 2009
<ul style="list-style-type: none">• Performed outpatient psychiatric evaluation, including biopsychosocial assessment and interviewing, diagnostic formulation using DSM IV-TR, psycho-education, and psychological recommendations• Provided individual and family psychotherapy to clients ages 4 to 18• Developed and implemented treatment plans for clients with a range of diagnoses including: Depressive Disorders, Pervasive Developmental Disorders, Anxiety Disorders, Adjustment Disorders, Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorders, Major	

- Depression, Bipolar Disorders, and Eating Disorders
- Utilized numerous psychotherapy treatment modalities including Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Interpersonal Therapy, Play Therapy, Family Therapy, and Behavior Modification
- Collaborated on cases with interdisciplinary team of social workers, psychiatrists, psychologists, schools and probation officers
- Performed monthly crisis intervention contact shifts assisting individuals in need
- Served as lead clinician for the Teen Screen Suicide Prevention Program, collaborating with Bowling Green High School staff in assessing students for suicide risk weekly

Ross Halpern, PhD, and Associates	Ann Arbor, MI
Social Worker	November 2007 – July 2009
<ul style="list-style-type: none"> Performed individual therapy with chronic pain patients using cognitive behavioral strategies, trauma processing, and relaxation techniques Collaborated with doctors regarding pain and necessary narcotic evaluations Office administrative assistance, including organizing business related expenses 	

The University Center for the Child and Family	Ann Arbor, MI
Therapist	August 2005 – December 2006
<ul style="list-style-type: none"> Individual counseling geared at enhancing the psychological adjustment of children and families Assisted clients with problems related to psychological, interpersonal, developmental, behavioral and academic difficulties Performed school observations to incorporate an all-encompassing rehabilitation program Completed final research presentation on Eating Disorders, including a comprehensive case example Co-facilitated Social Skills Groups for children diagnosed with Mental Health Disorders, including screening group members, planning lessons, and leading sessions 	

Project Great Start	Ann Arbor, MI
Research Associate	March 2006 – June 2006
<ul style="list-style-type: none"> Completed evaluations of preschools and preschool teachers throughout Michigan Performed assessments on preschool children using various tools and testing measures 	

Community Based Interventions	Ann Arbor, MI
Behavioral Aid	September 2004 – January 2006
<ul style="list-style-type: none"> Facilitated activities focused on improving life skills for female teen with autism and other adolescents Reported assessment of behavioral improvements from oral motor and physical therapy tasks Assessed patterns and interactions to understand root of obsessive behaviors 	

ADDITIONAL EXPERIENCE

Michigan State University, Department of Psychology	East Lansing, MI
Research Assistant	February 2005 – August 2005
<ul style="list-style-type: none"> Instructed introductory psychology students on experiments relation to self-control 	

- Documented qualitative data using short hand methods

Michigan State University	East Lansing, MI
Program Coordinator	June 2005 – July 2005
<ul style="list-style-type: none"> • Coordinated Indian students studying at MSU • Organized field trips and lectures catering to their interests and learning goals • Facilitated understanding of American culture by teaching various cultural definitions 	

Camp Kamaji	Cass Lake, MN
Camp counselor	Summer 2004
<ul style="list-style-type: none"> • Instructed children ages 8-15 yrs. old in basic archery, rock climbing and canoeing techniques • Collaborated with co-counselors to mediate conflicts and resolve problems • Evaluated and completed standardized forms on my 15 campers, reporting on behavior issues 	

Urmul Trust	Rajasthan, India
Volunteer	February 2004 – April 2004
<ul style="list-style-type: none"> • Facilitated underprivileged youth education • Researched women’s empowerment in rural village areas 	

YMCA Youth Development	Lansing, MI
Program Leader	January 2003 – June 2003
<ul style="list-style-type: none"> • Organized activities for middle school aged girls in art education • Engaged students in constructive projects and trips for educational, cultural and social purposes • Promoted healthier and safer after-school alternatives to keep delinquent children out of trouble 	

ATHLETIC AND FITNESS

Children’s Hospital Colorado	Aurora, CO
Certified Yoga Instructor	July 2009 –Present
<ul style="list-style-type: none"> • Teach children and employees proper yoga postures and flow sequences 	

YMCA	Ann Arbor, MI
Certified Yoga-Pilates Instructor	October 2007- July 2009
<ul style="list-style-type: none"> • Taught hour-long Power Yoga-Pilates classes twice a week • Offered advice on various exercise programs and nutritional habits 	

Running Fit	Ann Arbor, MI
Running Instructor	April 2006- July 2009
<ul style="list-style-type: none"> • Organized and taught Running 101 classes geared towards beginner runners 	

Running	
<ul style="list-style-type: none"> • Completed five marathons, including Boston, Milwaukee and Chicago • Served as captain of high school woman’s cross country and track teams • Participated in college, high school, and grade school running teams 	

Professional Memberships

- International OCD Foundation
- Association of Behavior and Cognitive Therapies

ADDITIONAL POST-GRADUATE TRAINING**Clinical Skills Training: Continuing Education Trainings**

- Safety Practices Training 2/14
- Disaster and Emergency Mental Health for Children 5/13
- Rosenerry Conference 4/12
- Trauma Informed Care 5/12
- DSM-5 Field Trials in Academic Settings 12/11
- Autism Spectrum Disorders 3/10
- Co-occurring Disorders/Drug and Alcohol Assessment and Treatment 6/08 – 6/09
- Insatiable Hungers: Eating Disorders, Chemical Dependency and Depression in Women 5/09
- ADHD: Comprehensive Psychosocial, Pharmacological, & Combined Treatments 3/09
- Pain Management 2/09
- Assessing and Managing Suicide Risk 6/08
- Children with Bipolar Disorder 3/08
- NASW Michigan 2008 Annual Conference
- Bringing Parents and Babies Together 8/07
- Understanding Emotional, Sexual and Physical Abuse 6/07