



<u>SCHEDULE</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
8:00-8:30	~Continental Breakfast, Welcome, Introductions & Overview~	
<u>TRANSFORMING BEHAVIOR: Training Parents & Kids Together</u> <i>by Mary Nord Cook, MD</i>		
	Parenting Approaches for Challenging Kids (PACK) MODULES 1-10	Mastery of Psychosocial Skills (MAPS) for Children (6-12 yo) MODULES 1-10
8:30-9:15	<i>Parenting Goals, Resiliency, Parenting Styles</i>	<i>Introducing Yourself Starting Conversations</i>
9:15-10:00	<i>Factors Underlying Misbehavior</i>	<i>Listening, Giving Compliments</i>
10:00-10:15	BREAK (Coffee Provided)	
10:15-11:00	<i>Aversive Behavior Cycles The 7 P's of Promoting Positive Behavior</i>	<i>Anger Management</i>
11:00-11:45	<i>Lowering Arousal Parental Empathy Part I</i>	<i>Triggers Cooling Down Coping Skills</i>
11:45-1:00	LUNCH (Box Lunch Provided)	
1:00-1:45	<i>Parental Empathy Part II</i>	<i>Feelings, Empathy</i>
1:45-2:30	<i>Problem-Solving Together (PST)</i>	<i>Problem-Solving</i>
2:30-2:45	BREAK (Drinks Provided)	
2:45-3:30	<i>Behavior Contracts</i>	<i>Resolving Conflict Behavior Contracts</i>
3:30-4:15	<i>Cooperation Building Part I</i>	<i>Four Styles of Communication Assertiveness</i>
4:15-4:30	BREAK (Snacks Provided)	
4:30-5:15	<i>Cooperation Building Part II</i>	<i>Dealing with Bullies Tricks for Teasers</i>
5:15-5:45	<i>Making Children Feel Special Graduation</i>	<i>Building Self Esteem Graduation</i>
5:45-6:00	<i>Overview Service Delivery Model, Outcome Data Questions, Discussion</i>	<i>Overview of Service Delivery Model, Outcome Data, Questions, Discussion</i>