



<u>SCHEDULE</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
8:00-8:30	~Continental Breakfast, Welcome, Introductions & Overview~	
<u>TRANSFORMING TEEN BEHAVIOR: Parent-Teen Protocols for Psychosocial Skills Training</u> <i>by Mary Nord Cook, MD</i>		
	Parenting Approaches for Challenging Kids PACK-Teen Version MODULES 1-6	Mastery of Psychosocial Skills MAPS-Teen Version (13-18 yo) MODULES 1-6
8:30-9:30	<i>Treatment Goals: Individual & Family Feelings: Good, Bad & Ugly Lowering Arousal</i>	<i>Treatment Goals: Individual & Family Feelings: Good, Bad & Ugly Interpersonal Boundaries</i>
9:30-10:30	<i>Effective Coping Skills Healthy Habits Parental Empathy Part I</i>	<i>Effective Coping Skills Healthy Habits Relaxation Training</i>
10:30-10:45	BREAK (Coffee Provided)	
10:45-11:45	<i>Parental Empathy Part II</i>	<i>Empathy</i>
11:45-1:00	LUNCH (Box Lunch Provided)	
1:00-2:00	<i>Target Behaviors, Zones Problem-Solving Together (PST)</i>	<i>Target Behaviors, Zones Problem-Solving Together (PST)</i>
2:00-3:00	<i>Cooperation Building Assertive Communication Love Languages</i>	<i>Assertive Communication Love Languages</i>
3:00-3:15	BREAK (Drinks Provided)	
3:15-4:15	<i>Thought Correction Self Talk</i>	<i>Thought Correction Self Talk</i>
4:15-5:00	<i>Overview Service Delivery Model, Outcome Data Questions, Discussion</i>	<i>Overview of Service Delivery Model, Outcome Data, Questions, Discussion</i>