Kym Spring Thompson, PsyD, IMH-E® (IV-C)

Licensed Clinical Psychologist, CO #3555 720.295.5437 • kspringthompson@gmail.com 950 South Cherry Street, Suite 704, Denver, Co 80246

CLINICAL EXPERIENCE

Kym Spring Thompson, LLC

June 2009- Present

950 South Cherry Street, Suite 704 Denver, Colorado 80246 720.295.5437

<u>Position:</u> Licensed Clinical Psychologist in Private Practice

Responsibilities:

Psychotherapy with infants, young children and their caregivers in play and dyadic therapy to support a child in expressing and working through psychosocial difficulties while empowering parents to connect with and support their children. Work with women transitioning into motherhood who have struggles pertaining to mood, identity, relationships, body image, ambivalence, high-risk pregnancy or traumatic birth and recovery experiences. School-age children through adults learn strategies to manage their mood, anxiety and stress that utilize their strengths. Provide family and couples therapy, emphasizing cultivating an understanding and connection between loved ones. Conduct Psychological Evaluations.

The Children's Hospital Colorado

13123 East 16th Place Aurora, Co 80045

Healthy Expectations Perinatal Mental Health Program

Feb. 2011- Present

303.864.5169

Position: Clinical Psychologist

<u>Responsibilities:</u> Coordinate Mother-Infant Therapy Group program for mothers with Postpartum Mood Disorders and their infants in an outpatient hospital setting. Conduct diagnostic intake evaluations and assessment of mother-infant relationships, facilitate mother-infant dyadic group to promote healthy mother-infant relationships. Supervise Masters level through Post-Doctoral level dyadic support clinicians providing direct support to mothers and babies.

Program Director: Jennifer Paul, PhD

Colorado Association of Infant Mental Health (CoAIMH)

Position: Endorsement Coordinator

June 2011- Present

<u>Responsibilities:</u> Coordinator for the CoAIMH Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health (IMH-E). Support and advocate for practitioners working with infants 0-3 and their families to engage in professional

development and reflective supervision to establish competence as determined by the Competency Guidelines. Communication with candidates, CoAIMH executive committee, and endorsement portfolio review committee in regards to timelines, status and review of candidates' portfolios. Participation in an Interstate Endorsement Committee to ensure consistency in endorsement guidelines across states. Perform education and outreach to promote the expansion of professional development and endorsement within Colorado. Supervisor: Jordana Ash, LCSW, IMH-E (IV)

The Children's Hospital Colorado

13123 East 16th Place Aurora, Co 80045

Anxiety Disorders Intensive Outpatient Program

April 2011- Dec 2012

Position: Clinical Psychologist

<u>Responsibilities:</u> Provided individual, family and group therapy for children severely impacted by anxiety disorders in an intensive outpatient program. Consultation and coordination within a multidisciplinary team.

Mental Health Center of Denver

1405 North Federal Boulevard Denver, Colorado 80204 303.504.1500

Position: Infant and Early Childhood Mental Health Specialist

Sept. 2009- May 2011

<u>Responsibilities:</u> Provided individual, dyadic and family therapy to infants and toddlers and their caregivers in a community mental health center. Conducted diagnostic intake assessments of children and interactional assessments of caregivers and their children. Provided care coordination with external providers and within multidisciplinary team. Program development for Infant Mental Health services and outreach to referral sources.

Supervisors: Karen Umemoto, LCSW, Dawn Wilson Davenport, Ph.D., Camille Harding, LCSW

Pre-Doctoral Internship: Mental Health Center of Denver

Aug. 2008- Aug. 2009

1405 North Federal Boulevard Denver, Colorado 80204 303.504.1500

<u>Position:</u> Pre-Doctoral Intern; University of Denver Graduate School of Professional Psychology Internship Consortium; APA- Accredited Internship

<u>Responsibilities:</u> Provided individual and family therapy for children and adolescents in a community mental health setting; Conducted psychological assessment of children and adults; Supervision of a Psy.D. student therapist; Assisted in writing a grant seeking funding for the development of an evidenced based model for intervention with women with postpartum depression and their infants; Participated in Seminars related to research, professional development, multicultural competency and assessment

Supervisors: Marcia Middel, Ph.D., Peggy Kolschefsky, Ph.D.

Clinical Field Placement: Families First

Aug. 2006- Aug. 2008

2163 South Yosemite Denver, Colorado 80231 303.309.3930

Position: Student Therapist

<u>Responsibilities</u>: Provided individual, group and family therapy for children aged 3 - 10 with histories of abuse and neglect in a residential treatment facility; Conducted psychological assessment of children; Consulted with residential staff and case workers

Supervisor: Claire C. Poole, Psy.D.

Clinical Field Placement: Knippenberg, Patterson & Associates

2833 South Colorado Boulevard #2445 Denver, Colorado 80222 303.756.4924

Position: Student Associate

June 2005- August 2008

<u>Responsibilities</u>: Planned and conducted individual, group and family therapy for children aged 5 - 10 and adolescents with neurobehavioral and knowledge based deficits in an outpatient setting; Coordinated care with community professionals; Conducted intake and periodic sessions with families

Supervisor: Craig A. Knippenberg, LCSW, M.Div.

Professional Psychology Center

University of Denver, Graduate School of Professional Psychology 2460 South Vine Denver, Colorado 80208 303.871.3626

Position: Student Therapist

Sept. 2004- July 2007

Responsibilities: Conducted intake assessments, Provided individual therapy for children and adults, family and couple therapy; Formulated treatment goals with clients; Presented cases in

professional seminars

Supervisors: Shelly Smith-Acuna, Ph.D., Claire C. Poole, Psy.D., Judith Fox, Ph.D.

Clinical Field Placement: Catholic Charities Family Center

2525 West Alameda Denver, Colorado 80219 303.742.0828

Position: School Counselor

Sept. 2004- June 2005

<u>Responsibilities</u>: Set up and maintained counseling services for children kindergarten through 8th grade in a private school setting; Provided individual and group therapy; Developed treatment plans; Collaborated with staff and parents; Provided psychoeducation

Supervisor: Debrah Contillo-Davis, LCSW

Integrated Development Services

6506 Schroeder Road Madison, Wisconsin 53711 608.441.0123

<u>Position</u>: Senior Therapist Trainer and Mentor

Aug. 2002- July 2004

<u>Responsibilities</u>: Trained and mentored senior therapists in the development of treatment plans and programming, professionalism, confidentiality, administrative expectations and clinical case consultation; Collaborated with staff psychologists and administrators

Supervisor: Andrew Paulson, Ph.D.

Position: Senior Therapist

May 2000- July 2004

<u>Responsibilities</u>: Developed and implemented individual treatment plans for children aged 3-12 with autism spectrum disorders in an intensive in-home program; Conducted assessment and evaluation of progress; Trained and supervised line therapists; Provided support and education to parents; Partnered with parents and community professionals; Provided individual and group therapy

Supervisor: Andrew Paulson, Ph.D.

Wisconsin Early Autism Project

6402 Odana Road Madison, Wisconsin 53719 608.288.9040

Position: Line Therapist

April 1998- May 2000

<u>Responsibilities</u>: Provided direct behavioral therapy to children aged 3-5 with autism spectrum disorders in an intensive in-home program; Utilized the Lovaas approach to teach communication, academic and social skills; Collected and recorded data; Participated in weekly team meetings

Clinic Director: Glen Sallos, PhD

Court Appointed Special Advocates (CASA)

210 Martin Luther King, Jr. Blvd. #302 Madison, Wisconsin 53703 608.266.9102

<u>Position</u>: CASA Volunteer

Nov. 1996- May 2000

<u>Responsibilities</u>: Court-appointed to represent the interests of children in abuse and neglect cases in the court system; Conducted independent home visitation and submitted monthly written reports to the Court; Assessed children's safety and parent compliance with the court order

Supervisor: Marsha Varvil-Weld, LCSW

EDUCATION

University of Denver

Denver, Colorado

Graduate School of Professional Psychology

APA- Accredited Clinical Psychology Program

Cumulative Grade Point Average 3.86

Specialization in Child and Family Therapy

Psy.D., Clinical Psychology Aug. 2009 MA, Clinical Psychology Nov. 2006

University of Wisconsin- Madison

Madison, Wisconsin

B.A., Psychology, Behavioral Science and Law May 1996

Cumulative Grade Point Average 3.679 Graduated with distinction, top 20%

University of Minnesota- Duluth

1991-1993

Duluth, Minnesota

Deans list four out of six semesters

RESEARCH

Postpartum Depression: Impact on Infants and Implications for Intervention

Doctoral Paper for Doctorate in Psychology Requirement Jan. 2007- July 2009 Faculty Sponsor: Judith Fox, Ph.D.

Poster Presentation: Postpartum Depression: Impact on Infants and Implications for Intervention May 2009

Presented doctoral paper for peer and professor feedback

Attendance at Denver Academy: The Impact on a Child's Self-Esteem and Parent-Child Relationships April 2006- Jan. 2007

Principle Investigator: Kimberly M. Spring Thompson, M.A.

<u>Responsibilities</u>: Collaborated with Denver Academy (DA) to design research study; Research and synthesis of existing literature; Recruitment of participants; Dispense survey assessments; Collection and analysis of data

Faculty Sponsor: Judith Fox, Ph.D.

Motherhood and Athletes: The Impact on Competition Postpartum Fall 2007- Spring 2008

Principle Investigator: Nicole Thibert, M.A.

Responsibilities: Analysis of qualitative data for themes; Collaboration with other research

assistants; Feedback to principal investigator

Faculty Sponsor: Steve Portenga, Ph.D.

Poster Presentation: Attendance at Denver Academy: The Impact on a Child's Self-Esteem and Parent-Child Relationships May 2006

Presented proposed doctoral paper research study for peer and professor feedback

Attachment Style and High Conflict Divorce

Jan. 2005- June 2005

Principle Investigator: Judith Fox, Ph.D.

Responsibilities: Researched and synthesized existing literature; Utilized web-based academic

search for scholarly publications <u>Faculty Sponsor</u>: Judith Fox, Ph.D.

LEADERSHIP AND PROFESSIONAL AFFILIATIONS

Colorado Association of Infant Mental Health; current member

Safe Zone Trainer Sept. 2007

Educated doctoral students on issues facing the Gay, Lesbian, Bisexual and Transgendered community; Promoted sensitivity in peer, professional and therapeutic relationships

Interdisciplinary Council on Developmental and Learning Disorders; previous professional member

PROFESSIONAL DEVELOPMENT

Infant Mental Health Endorsement

May 2015

Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health (IMH-E®)

Endorsed as an Infant Mental Health Mentor, Clinical (IMH-E®, IV-C).

Course Instructor

University of Denver; Graduate School of Professional Psychology

Jan- Mar 2015

Adjunt Faculty Position in Doctorate of Psychology Program.

Course in Life Cycles: Infancy through Middle Childhood

Guest Lecturer

Lectured to Masters level students the Graduate School of Professional Psychology:
Pervasive Developmental Disorders; differential diagnosis
Infant Caregiver interactions

Nov. 2010
April 2011

Lectured to Irving Harris Program in Child Development and Infant Mental Health: Assessing the Young Child and their Caregivers

ITSEA, BITSEA and PSI

Oct. 2011

Publications

Spring Thompson, K., Fox, J. E, (2010) Post-partum depression: a comprehensive approach to evaluation and treatment. Mental Health in Family Medicine; 7:00-00.

Smith-Acuna, S., Hergenrother, C., Cassler, C., Doty, T., Fuchs, L., Ging, K., Merchant, S., Pfaff, K., Riss, M., Rosenthal, T., Thompson, K., Tindall, B., & Wartenberg, O. (2010) Training in supervision during the pre-doctoral internship year: Experiences and recommendations. *Psychotherapy Bulletin*, 45 (1), 43 – 46.

Doctoral Paper Committee Member

June 2013: Assessment and Promotion of Partner Support: A Prevention-Focused Intervention for Perinatal Depression in Primary Care Abigail Lockhart, University of Denver Graduate School of Professional Psychology

June 2015: Recommendations for Interventions Addressing Traumatic Labor and Delivery and Posttraumatic Stress in a Mother-Infant Therapy Group Model Pamela Hamer, M.A., University of Denver Graduate School of Professional Psychology

June 2015: Using Yoga Practice to Empower Therapists' Interpersonal Process Jennifer Paz, M.Ed., M.A.

July 2015: The Family State Model and Clinician Checklist: Helping Parents of Special Needs Children Move Toward Resiliency Michelle Connor Harris, M.A.

Voices of Discovery Participant

May 2007- Aug. 2007

Participated in peer group discussion addressing issues of cultural diversity

Conferences and Continuing Education

Rocky Mountain Early Childhood Conference

March 2013

Reflective SupervisionOct. 2012Reflective Supervision WorkshopNov. 2012

Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: Revised Edition (DC 0-3R)

Sept. 2012

Being With: Supporting Families through Early Parenting Challenges Feb. 2010

Trauma Focused Cognitive Behavioral Therapy Oct. 2009

Strengthening Stepfamilies Conference Nov. 2009

Culturally Competent Service Delivery Workshop June 2009

Colorado Association of Infant Mental Health Conference Feb. 2009

State-of-the-Art Multicultural Supervision in Diverse Racial/Ethnic Contexts: Challenge and Promise

Nov. 2008

Project BLOOM and the Colorado Association for Infant Mental Health (CoAIMH)

Conference: Infant and Early Childhood Mental Health in Colorado; Connecting Policy with Research and Practice

Feb. 2007

The Exceptional Child: Pathways to a Better Life Conference Oct. 2006

REFERENCES

Kimberly Pfaff, Psy.D.

Claire C. Poole, Psy.D. 303.309.3930; claire@familiesfirstcolorado.org

Shaayestah Merchant, PsyD 720.295.8067