

*Ashley Steppig, MSW, LSW*

**EDUCATION**

<b>Certified Addiction Counselor</b> Denver, CO	In Progress
<b>Masters of Social Work</b> <b>Animal Assisted Therapy Certificate</b> University of Denver, Denver, CO	6/2013
<b>Bachelors of Art in Psychology</b> <b>Minor in Community Health</b> University of Colorado-Denver, Denver, CO	5/2008

**PROFESSIONAL EXPERIENCE**

<b>Colorado Access, Denver, CO</b> Behavioral Health Specialist, Care Manager II	6/15- present
<ul style="list-style-type: none"><li>• Serving as the ancillary expert working across systems to develop therapeutic interventions that meet the needs and goals of clients transitioning between various levels of mental health care</li><li>• Working alongside multidisciplinary treatment teams to address individual barriers and various needs to support clients to achieve recovery and long-term stability</li><li>• Coordination of crisis intervention plans</li></ul>	
<b>Mental Health Center of Denver, Denver, CO</b> Clinical Case Manager II	7/14- 5/15
<ul style="list-style-type: none"><li>• Provided case management and clinical support to adults suffering from severe and persistent mental health illness often with co-occurring substance abuse disorders</li><li>• Collaborated as a member on an integrative care team, working with consumer's to identify needs and establish meaningful interventions to support their goal attainment and recovery</li><li>• Regular Interventions included: Psychotherapy, treatment planning/goal setting, psychoeducation, self-regulatory skill building, interpersonal skill development, safety planning and crisis intervention, outreach, linkage to community resources and substance abuse education/intervention</li></ul>	
<b>Office of Children's Affairs, City and County of Denver, CO</b> Education Programs Coordinator	7/13-5/14
<ul style="list-style-type: none"><li>• Coordinated and managed the planning and implementation of 'Countdown to Kindergarten' (C2K), a program involved in Mayor Hancock's early literacy initiative</li></ul>	
<b>Jefferson County Education Association, Jefferson County, CO</b> Masters of Social Work Intern, Communication Coordinator for JeffCo Cares	1/13- 6/13

- Worked directly with Board of Directors for JeffCo Cares to coordinating the 2013-2014 strategic planning, budget, fundraising plan, and the general operations and activities of the organization
- Completed outreach to various community groups to grow awareness, support and community engagement

**University of Colorado Hospital, Department of Psychiatry, Aurora, CO** 8/12-12/12  
Clinical Social Work Intern

- Provided ongoing psychotherapy in clinic and home-based environments
- Completed intake evaluations with new clients entering clinic seeking mental health services, mental health diagnoses made utilizing the DSM-IV and other diagnostic tools

**Jefferson County Districts Attorney's Office, Diversion Services, Jefferson County, CO** 10/11-5/12

Diversion Officer, Masters of Social Work Intern

- Provided supervision and case management services to clients with misdemeanor domestic violence offenses accepted into the differed judgement and sentence by the Jefferson County District Attorney
- Conducted intake evaluations with new diversion clients to assess the psychosocial needs and required level of treatment intensity needed to prevent recidivism

**Children's Hospital Colorado, Aurora, CO** 1/11-6/12

Mental Health Counselor II, Psychiatric Emergency Department

- Completed the triage of new patients entering the Outpatient Behavioral Sciences Department for appropriateness and acuity
- Provided direct patient care to children and adolescents requiring an emergency psychiatric evaluation

**Children's Hospital Colorado, Aurora, CO** 9/09- 01/11

Mental Health Counselor II, Intake Coordinator in the Outpatient Psychiatry and Behavioral Sciences Department

- Triage and preliminary assessment of all patients seeking mental health care in outpatient clinic
- Co-facilitation of child group within the Intensive Outpatient Psychiatry Program
- Program planning and curriculum development for Child Intensive Outpatient Psychiatry program

**Children's Hospital Colorado, Aurora, CO** 11/08-9/09

Mental Health Counselor I, Adolescent Inpatient Psychiatry Unit

- Planning and facilitation of child and adolescent therapeutic groups
- Providing direct patient care to children in the inpatient unit including ongoing support of the structure and function of the milieu

**PUBLICATIONS:**

Contributing Author

Cook, M. (2012). Transforming Behavior: Training Parents and Kids Together. Baltimore, MD: Brooks Publishing Co.

## **PROFESSIONAL TRAINING**

- Completed Certified Addiction Counselor (CAC II) Courses:
  - Principles of Addiction; 2015
  - Infectious Diseases In Addiction Treatment; 2015
  - Motivational Interviewing; 2015
- Dialectical Behavioral Therapy: Distress Tolerance; 2015
- Dialectical Behavioral Therapy: Interpersonal Effectiveness; 2014
- Integrated Care Management Training; 2014
- Rosenberry Conference; 2012

## **RESEARCH EXPERIENCE**

**Infidelity in Romantic Relationships, Department of Psychology at the University of Colorado- Denver, Denver, CO**

1/08- 5/08

Research Coordinator working under Elizabeth Allen, PsyD

- Marketed and coordinated research participants from a convenience sample in the Denver Area
- Input quantitative data into research database obtained through participant survey
- Code qualitative data obtained through participant interview and input into research database