

# ANNE E. BLISS NIESS

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## SUMMARY OF QUALIFICATIONS

- Strongest gifts include serving others, intentional desire to understand behavior, and compassion
- Desire to learn in order to help myself and others; ability to accept constructive criticism
- Patience demonstrated under high pressure situations
- Leader of Cognitive Behavioral Therapy group modules within intensive inpatient and outpatient psychiatric settings
- Creative and enthusiastic; ability to connect with both children and adults

## PROFESSIONAL EXPERIENCE

**EATING DISORDER CENTER OF DENVER, Glendale, CO** **September 2014-December 2015**  
Counseling Intern/Evening Intensive Outpatient Program Co-Facilitator

- Responsible for milieu supervision, group facilitation, meal support therapy, and individual therapy
- Collaborate with multidisciplinary team to create and modify individual treatment plans
- Creatively construct relevant groups based on group dynamics and specific issues

**CHILDREN'S HOSPITAL COLORADO, Denver, CO** **September 2012-September 2014**  
Anxiety Intensive Outpatient Program Co-Facilitator

- Co-facilitate Cognitive Behavioral Therapy framework for children who suffer from many different forms of anxiety
- Exposure based therapy. Responsible for on the spot, progressive thinking to develop age and anxiety appropriate exposures four days a week
- Coordinate treatment plans with psychiatrists, psychologists, social workers and creative art therapists
- Develop creative and innovative classes to educate both children and their families on how to work through anxiety

Mental Health Counselor **September 2011-Present**

- Responsible for milieu supervision and management for children and adolescents within Intensive Psychiatric Inpatient Unit
- Responsible for patient programming: directly lead, monitor, and update educational/therapeutic group modules
- Display an ability to work with several different types of units within mental health including but not limited to: Neuropsychology, Eating Disorders, Intensive Psychiatric Inpatient unit, Partial Day, and Medical Day Treatment
- Chart patient progress with respect to therapeutic modules in timely manner

Administrative Assistant II **April 2010- September 2011**

- Overseer of a multi-functional technology division that required delegation and strong decision making while using multiple technologies to contribute to the completion of work assignments
- Responsible for departmental financial processes involving supply and inventory management

**RAINBOW TRAIL LUTHERAN CAMP, Hillside, CO** **February 2008-January 2010**  
Assistant Director

- Orchestrated and managed four major programs at one of the nation's top Lutheran Camps: Senior High Youth Mission Trips, Day Camp Traveling Ministries, On-Site Youth Retreating, On-Site Women's retreating
- Responsible for providing and maintaining hospitality at the site during the entire year, making guests feel welcome, appreciated and well cared-for
- Established a new traveling ministry program during a time of economic crisis and instability
- Managed the budget, reservations, documentation, contracts, and publicity for all programs
- Empowered kids and young adults to be their most authentic self

**BRAND CONNECTIONS, Avon, CO** **September 2006-May 2007**  
Logistics and Event Coordinator

- Successfully co-planned, hired workers, managed and executed promotional events at the nation's top ski resorts
- New database resulted in quicker advertising turnaround, accountability within all departments, and easier access to important information

**BOULDER MENTAL HEALTH CENTER, Boulder, CO** **August 2005- April 2006**  
Youth Advocate

- Planned weekly events and challenged a twelve-year old boy to control anger issues, improve social skills, and focus

- Coordinated with the child’s psychologist to problem solve and accomplish the aforementioned goals

**UNIVERSITY OF COLORADO**, Boulder, CO

**September-December 2005**

Teaching Assistant

- Personally planned creative hands-on weekly sessions of an introductory psychology course
- Encouraged all 50 students to see how psychology applies to their daily lives and how to view the world from different perspectives

EDUCATION

**M.A., Counseling Psychology** PACIFICA GRADUATE INSTITUTE, Santa Barbara, CA

**May 2016**

**B.A., Psychology**, UNIVERSITY OF COLORADO, Boulder, CO

**May 2006**

**Advertising Certificate**, UNIVERSITY OF COLORADO Ads a2b Program, Boulder, CO

**May 2006**

PUBLISHED WORKS

King, B., Bliss Niess, A., Maddi, A.E., Perkins, L.S. (2013). The rise of abnormal psychology during the progressive era: Reflections from an American scientific periodical. In Plante, D.T. *Abnormal Psychology through the Ages* (pp. 111-134). Santa Barbara, CA: ABC-CLIO

Niess, A.E.B. (2016). *Inner Wilderness: Explorations in nature, explorations of self* (master’s thesis). Retrieved from Proquest Dissertations and Theses (Publication number 10076202)