



## Individualized Services

It begins with a thorough evaluation to help you choose:

- Individual, group, couples and/or family therapy
- Medication consultation & management
- Parent coaching & support
- Frequency of sessions of one, two or three days per week

## Multidisciplinary Team Approach

## Collaborative & Family-Centered

**EMPOWER** Centers providers coordinate services with other health-care providers, schools and other agencies.



Families are involved throughout the assessment and treatment to promote successful outcomes.



**EMPOWER**  
CENTERS OF EXCELLENCE IN  
FAMILY BEHAVIORAL HEALTH

6530 S. Yosemite Street, Suite #210

Greenwood Village, CO 80111

[www.EMPOWERCenters.org](http://www.EMPOWERCenters.org)

Phone: 720.778.4077

Fax: 720.778.4078



**EMPOWER**  
CENTERS OF EXCELLENCE IN  
FAMILY BEHAVIORAL HEALTH

Looking for help for yourself or a loved one?

**EMPOWER**  
Centers  
can help.

Specializing in anxiety, mood & behavior issues.

Offering individual, group, couples & family therapy and medication management.

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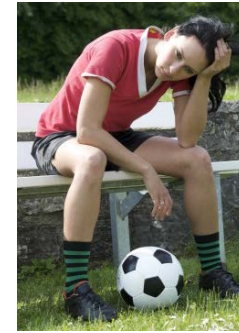
## Do you or a loved one:

- Experience frequent worry or stress?
- Have prolonged sadness?
- Show a change in mood, energy or activity level?
- Have difficulty calming down or controlling anger & behavior?
- Avoid school, work or activities?
- Have trouble with sitting still, focus or attention?
- Argue frequently or act out?
- Have difficulty making friends?
- Have trouble getting along with their spouse, family, co-workers?

## EMPOWER Centers

can help offering:

rapid access to evidence-based services for children, teens and adults.



*“Beginning with Excellence, Building on Integrity, EMPOWERing Families”*

**EMPOWER Centers**  
can help you or a loved  
one learn to:

- Manage feelings & behavior
- Cope with challenges
- Thrive in school, work, activities and relationships
- Bolster your marriage
- Co-parent positively after divorce
- Improve athletic performance

Call today to schedule  
an appointment:

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