

✦ **MARY NORD COOK, MD** ✦

CHIEF EXECUTIVE OFFICER

MEDICAL DIRECTOR

EMPOWER CENTERS

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❖ **CURRENT POSITIONS:**

➤ Jul 2015-Present **Chief Executive Officer & Medical Director**

- **EMPOWER:** *Centers of Excellence in Family Behavioral Health*
- A Non-Profit {501(3)(c)} Organization that provides the highest caliber services

❖ **EDUCATION AND TRAINING:**

➤ 1985-1989 University of Michigan, Ann Arbor, MI

- Bachelor of Art in Psychology
- Graduated Cum Laude

➤ 1989-1993 Wayne State University, School of Medicine, Detroit, MI

- Medical Degree
- Recipient Naval Health Professions and Science Scholarship

➤ 1993-1994 Naval Medical Center, San Diego, CA

- General Psychiatry Internship

➤ 1994-1997 Naval Medical Center, San Diego, CA

- General Psychiatry Residency

➤ 1998-2000 University of California, San Diego, CA

- Child and Adolescent Psychiatry Fellowship
- Chief Resident

❖ **ACADEMIC APPOINTMENTS:**

➤ Jan 2016 - present **Clinical Associate Professor of Psychiatry**

- University of Colorado, School of Medicine

➤ Jul 2011 - Jul 2015 **Associate Professor of Psychiatry**

- University of Colorado, School of Medicine

➤ Jul 2005 - Jul 2011 **Assistant Professor of Psychiatry**

- University of Colorado, School of Medicine
- Jul 2004 - Jul 2006 **Clinical Assistant Professor of Psychiatry**
 - Eastern Virginia Medical School
- ❖ **OTHER FACULTY APPOINTMENTS:**
 - 2015-Present **Teaching/Training Faculty**
 - Behavioral Institute for Children & Families (BICA, Minnesota, MN)
 - 2016-Present **Teaching/Training Faculty**
 - PESI, Inc (formerly Professional Education Systems Institute, Eau Claire, WI)
- ❖ **EMPLOYMENT HISTORY:**
- ❖ **Hospital Positions:**
 - Jul 2010 - Jul 2015 **Medical Director**
 - Outpatient Services, Department of Psychiatry and Behavioral Sciences
 - Children's Hospital Colorado, Aurora, CO
 - Jul 2010 - Jul 2012 **Clinical Director**
 - Department of Psychiatry and Behavioral Sciences
 - Children's Hospital Colorado, Aurora, CO
 - Jul 2006 - Jul 2012 **Medical Director**
 - Intensive Family Therapy Program
 - Community Based Psychiatry Services
 - University of Colorado Hospital, Aurora, CO
 - Jul 2006 - Jul 2010 **Medical Director**
 - Child and Adolescent Psychiatry Clinic
 - University of Colorado Hospital, Aurora, CO
 - Sep 2005 - Jul 2010 **Medical Director**
 - Clinical Services, Psychiatry and Behavioral Sciences
 - Children's Hospital Colorado, Aurora, CO
- ❖ **Government/Military Positions:**
 - 1993-2005 **Physician, Naval Officer**
 - Child and Adolescent Psychiatrist
 - United States Navy, Medical Corps
 - Promoted to Commander (O5) in 2005

- 2003-2005 **Associate Director of Residency Training**
- Psychiatry Residency Program
 - Naval Medical Center, Portsmouth, VA

- 2000-2003 **Department Head**
- Educational & Developmental Intervention Services (EDIS)
 - United States Naval Hospital, Yokosuka, Japan

- 1997-1998 **Department Head**
- Mental Health Unit
 - Naval Training Center, San Diego, CA

❖ **Other Positions:**

- May-Aug 1988 **Admitting Clerk**
- Pediatric Walk-In Clinic
 - University of Michigan, School of Medicine, Ann Arbor, MI

- Aug-Dec 1988 **Research Assistant**
- Childhood Cancer Project
 - University of Michigan, Graduate School of Psychology, Ann Arbor, MI

❖ **VOLUNTEER WORK:**

- 1997-1998 **Volunteer Adult Mentor**
- St. Stephen's Elementary School
 - San Diego Public School System
 - Community support program for underprivileged children

- May-June 1990 **Volunteer Medical Student Intern**
- Substance Abuse Summer Internship
 - Detroit Medical Center

- 1989-1991 **Member of Adolescent Substance Abuse Prevention Task Force**
 - Student-run organization for substance abuse prevention among youth
 - Wayne State University, School of Medicine, Detroit, MI

- 1987-1988 **Intern for Project Outreach**
 - Maxey Boys Training Center and Michigan Group Home For Girls
 - University of Michigan, Ann Arbor, MI

- May-August 1989 **Volunteer Child Care Worker for Parents Anonymous**
 - Ann Arbor, MI

❖ **HONORS AND AWARDS:**

- **2018-present President Elect for Colorado Chapter of American Academy of Child & Adolescent Psychiatrist (CCAPS)**
 - Nominated and unanimously elected by CCAPS Executive & Search Committee
- **2010-present “2010/11/12/13/14/15/16/17/18 America’s Top Psychiatrists”**
 - Selected by Consumers’ Research Council of America
- **2009 Dane G. Prugh Award**
 - Child psychiatry resident nominated for “Outstanding & Inspirational Teaching”
 - University of Colorado, School of Medicine
- **2008 The President’s Award**
 - For “Outstanding Clinical Service” related to role as Medical Director for Intensive Family Therapy Program, Community-Based Psychiatry Services
 - University of Colorado Hospital, Aurora, CO
- **2004 AACAP Outstanding Mentor Award**
 - American Academy of Child and Adolescent Psychiatry
 - For role in mentoring Jean Spurlock Scholarship Recipient
- **2005 Navy and Marine Corps Commendation Medal**
- **2003 Navy and Marine Corps Commendation Medal**
- **2002 Navy and Marine Corps Achievement Medal**
- **1999 AACAP Presidential Scholar Award**
 - American Academy of Child and Adolescent Psychiatry
 - For advocacy role, in service of underprivileged youth with severe emotional disturbances
- **1999 AACAP Presidential Scholar Award Tutorial on Child Placement**
 - Yale Child Study Center with Albert Solnit, MD
 - Yale University School of Medicine, New Haven, CT
- **1993 Naval Health Professions and Science Scholarship**
- **1989-1991 Member of Varsity Women’s Crew Team**
 - University of Michigan, Ann Arbor, MI
 - Strongest woman on team for all 3 years of participation (Freshman-Junior Years)
- **May-July 1986 Participant in European Culture Study Program**

- 80-day tour of Europe and the Middle East with subsequent completion of 25 essays on European culture and history
- Eastern Michigan University, Ypsilanti, MI

❖ **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:**

- 2018-present **President Elect for Colorado Chapter of American Academy of Child & Adolescent Psychiatrist (CCAPS)**
 - Nominated and unanimously elected by CCAPS Executive & Search Committee
- 1998-present **Member of American Academy Child & Adolescent Psychiatry (AACAP)**
- 2007-present **Member of American Academy Child & Adolescent Psychiatry (AACAP) Family Committee**
- 1994-2000 **Member of American Psychiatric Association (APA)**
- 2012-present **Member National Network Child Psychiatry Access Programs (NNCPAP)**
- 1989-present **Member of Psi Chi**
 - National Psychology Honor Society

❖ **COMMITTEE AND SERVICE RESPONSIBILITIES:**

- 2018-present **President Elect for Colorado Chapter of American Academy of Child & Adolescent Psychiatrist (CCAPS)**
 - Nominated and unanimously elected by CCAPS Executive & Search Committee
- 2005-2015 **Member of Education Planning Committee**
 - Child & Adolescent Psychiatry Residency Program
 - University of Colorado, School of Medicine
- 2005-2015 **Member of Executive Committee**
 - Department of Psychiatry and Behavioral Sciences
 - Children's Hospital Colorado, Aurora, CO
- 2005-2012 **Member of Business Leadership Committee**
 - Department of Psychiatry and Behavioral Sciences
 - Children's Hospital Colorado, Aurora, CO
- 2005-2015 **Member of Clinic Medical Directors Committee**
 - Children's Hospital Colorado, Aurora, CO
- 2011-2015 **Member of The Physician's Advisory Council**

- Children's Hospital Colorado, Aurora, CO
- 2009-2012 **Member of The Quality and Safety Committee**
 - Children's Hospital Colorado, Aurora, CO
- 2007-present **Member of The Family Committee**
 - American Academy of Child and Adolescent Psychiatry
- 2000-2003 **Member of Awards Committee**
 - Naval Hospital Yokosuka, Japan

❖ **LICENSURE AND BOARD CERTIFICATIONS:**

- 2001-present **Board Certified in Child and Adolescent Psychiatry**
 - The American Board of Psychiatry and Neurology
 - Original certification Nov 2001-Nov 2011
 - Recertified April 2011-Dec 2021
- 2000-present **Board Certified in General Psychiatry**
 - The American Board of Psychiatry and Neurology
 - Original certification Jan 2000-Jan 2010
 - Re-certified Feb 2010-Dec 2020
- 1993-present **Colorado Medical License**
- 1993-present **Drug Enforcement Agency License**

❖ **LECTURES AND PRESENTATIONS:**

❖ **Invited International, National and Regional Conference Presentations:**

- 2017 **Department of Child Psychiatry & Department of Pediatrics, University of Louisville, Kentucky, School of Medicine and Norton's Children's Hospital**
 - **Keynote & Plenary Speaker:** *Sixth Annual Pediatric Behavioral and Mental Health Symposium on Topic of "Transformative Parenting" and "Turning Down the Heat in High Conflict Families:*
 - Invited Speaker to include 4 presentations in 3 days in varied formats to include:
 1. **Community Outreach:** Demonstration and Q & A evening before conference.
 2. **Keynote Address:** "Transformative Parenting of Adolescents: Shifting From Manager to Consultant."
 3. **Demonstration Workshop:** "Turning Down the Heat in High-conflict Families: Easing the Adolescent's Pain."
 4. **Department of Child Psychiatry Grand Rounds:** "Transformative Parenting of Adolescents: Shifting From Manager to Consultant."

- 2017 American Academy of Child & Adolescent Psychiatry (AACAP) Annual Meeting
 - Invited presenter, Clinical Perspectives titled “Helping Teens Regulate Emotions by Helping Their Parents.”
- 2017 American Academy of Pediatrics, Regional Conference, Districts IV & VIII
 - Invited presenter, “Impact Colorado’s Marijuana Legislation on Children & Youth”
- 2017 PESI, Inc (formerly Professional Education Systems Institute)
 - Invited presenter, recruited faculty for full day demonstration workshops x 6 days
 - Full day, hands on, demonstration workshops/trainings for 30-60 attendees titled: “Family-Based Interventions for Transforming Teen Behavior”
- 2017 Jointly Sponsored Primary Care Provider Training Series-American Academy of Pediatrics, Colorado Chapter, Project ECHO (Extension for Community Health Outcomes) Colorado & EMPOWER Centers
 - Primary Care Provider Training & Consultation Series:
 - Participated on invited basis by conducting 2 training sessions on “Anxiety Disorders in Youth,” as well as “Substance Abuse in Youth,” including didactic presentation, case discussion and informal consultation.
- 2017 Jointly Sponsored Parent Training Series-American Academy of Pediatrics, Colorado Chapter & EMPOWER Centers
 - "Parent EMPOWERment Series:"
 - 6, 90-minute workshops for parents, conducted over 12 months on common, contemporary, mental health topics that commonly present in primary care settings
 - Series also videotaped and made available online through EMPOWER website.
- 2016 Jointly Sponsored Pediatric Training Series-American Academy of Pediatrics, Colorado Chapter & EMPOWER Centers
 - "Practical Tools for Busy Pediatricians: *Training on Mental Health Problems Commonly Presenting to Primary Care Settings*:"
 - 6, 90-minute workshops for pediatricians conducted over 12 months on common, contemporary, mental health topics that commonly present in primary care settings
 - Series also videotaped and made available online through EMPOWER website.
- 2016 Department of Child Psychiatry, Cincinnati Children's Hospital, Division of Child Psychiatry, University of Cincinnati School of Medicine
 - Invited presenter, Grand Rounds titled “Empathy is Everything”
 - Overview of Intensive Outpatient Program focused on building empathic connections within families with youngsters struggling with mental illness
- 2015 American Academy of Child & Adolescent Psychiatry (AACAP) Annual Meeting
 - Invited presenter, workshop titled “Everything You Need to Know to Run a Manualized, Intensive Outpatient Program (IOP), Sustainable in a Managed Care Environment (PACK and MaPS)”

- Invited presenter, symposium titled “Charting a Course to Emotional Health, Using the Family as a Vessel”
- 2015 American Psychological Association (APA) Annual Convention
 - Invited presenter, Skills Building Symposium, titled, “Demonstration Workshop of a Novel, Manualized, Intensive Outpatient Program for Children and Parents”
- 2014 AACAP Annual Meeting
 - Invited presenter, workshop titled “Everything You Need to Know to Run a Manualized, Intensive Outpatient Program (IOP), Sustainable in a Managed Care Environment (PACK and MaPS)”
- 2014 St. Mary’s Hospital 2014 Spring Behavioral Health Symposium
 - Invited presented, CME lecture titled, “ADHD: An Update on Best Practice Assessment and Treatment”
- 2013 Colorado Child and Adolescent Psychiatry Society Fall Meeting
 - Invited presenter, CME lecture titled, “ADHD: An Update on Evidence Based Assessment and Treatments”
- 2013 Rocky Mountain Youth Development Conference
 - Invited presenter, CME lecture titled, “Adolescent Behavior and Engagement”
- 2013 Colorado Community and School Health Pediatric Conference
 - Invited presenter, CME titled, “Transforming Behavior: Training Parents and Kids Together, A Evidence-Based Parent Training Approach for Youth with Disruptive Behavior Disorders”
- 2012 AACAP Annual Meeting
 - Invited presenter, Clinical Perspectives, titled, “Transforming Child Behavior by Transforming Parent Behavior: A Novel, Manualized, Intensive Outpatient Program with Demonstrated Clinical and Cost Effectiveness”
 - Invited presenter, Case Conference, titled, “What’s your angle? Bringing clarity to complex clinical presentations by integrating psychodynamic, family systems, medio-legal and ethical lenses”
 - Invited presenter, Workshop, titled, “The Secret to Lasting Change-Transforming Child Behavior by Transforming Parent Behavior: A Demonstration Workshop of a Novel, Manualized IOP with Proven Clinical and Cost Effectiveness”
 - All 3 presentations were endorsed by the AACAP Family Committee
- 2012 APA Annual Convention
 - Invited presenter, Skills Building Symposium, titled, “Demonstration Workshop of a Novel, Manualized, Intensive Outpatient Program for Children and Parents
- 2012 Minnesota Association for Children’s Mental Health, Annual Child an

Adolescent Mental Health Conference

- Invited presenter, workshop titled, “Demonstration Workshop of a Manualized, Intensive Outpatient Psychiatry (IOP) Program, Sustainable in a Managed Care Environment (PACK & MaPS)”
- **2012** Colorado Association for School-Based Health Care Conference
 - Invited presenter, CME lecture titled, “Reaching the Impossible to Reach: Group Therapy Options for Adolescents with Mood and Anxiety Disorders”
- **2011** AACAP/CACAP Joint Annual Meeting
 - Invited presenter, symposium titled “Systems of Care Approach: Models for Inpatient, Outpatient, Intensive Outpatient, and Intensive In-Home as a Continuum of Care,” session titled, “A Manualized, Intensive Outpatient Psychiatry (IOP) Program, Sustainable in a Managed Care Environment (PACK and MaPS)”
 - Invited presenter, workshop titled “Demonstration Workshop of a Manualized, Intensive Outpatient Psychiatry (IOP) Program, Sustainable in a Managed Care Environment (PACK & MaPS)”
- **2011** 9th Biennial International Conference on Children & Youth w/Behavioral Disorders
 - **Keynote Speaker**, titled, “Mental Health Can Be Taught”
 - Invited presenter for session titled, “Demonstration Workshop of a Novel, Manualized, Parent Training and Psychosocial Skills Training Program (PACK & MaPS) for Youth with Disruptive Behavior Disorders and Their Families”
- **2010-2011** American Academy of Family Practice Online CME Series
 - Invited presenter, session titled “Attention Deficit Hyperactivity Disorder: Assessment, Treatment, Practical Guidelines and Literature Updates”
- **2010** American Academy of Family Practice Annual Scientific Proceedings Conference
 - Invited presenter, session titled “Attention Deficit Hyperactivity Disorder: Assessment, Treatment, Practical Guidelines and Literature Updates”
- **2010** The 35th Annual Aspen Psychiatry Conference
 - Sponsored by University of Colorado, School of Medicine, Department Psychiatry
 - Invited presenter, session titled, “Turn Down the Heat in High Conflict Families,” a series of 3, 2-hour workshops focused on facilitating affect regulation, conflict resolution, empathic understanding, problem-solving, assertiveness and behavior modification
- **2010** The Rocky Mountain Chapter of the Society of Pediatric Nurses and The Children’s Hospital Division of Nursing
 - Invited presenter, session titled, “Common Pediatric Behavioral and Emotional Problems-Tips for Managing”
- **2009** 8th Biennial International Conference on Children & Youth with Behavioral Disorders

- Invited Key Note Speaker, session titled, “Mental Health Can Be Taught: An Evidence Based Approach to Psychosocial Skills and Parent Training”
- **2008 APA Annual Meeting**
 - Invited presenter, Clinical Symposium, session titled, “A Novel, Evidence-Based Group Psychotherapy Program for Youth with Disruptive Behavior”
 - Sponsored by 9 Different Divisions of APA
- ❖ **Invited Grand Rounds Presentations:**
 - **2016 Department of Child Psychiatry, Cincinnati Children's Hospital, Division of Child Psychiatry, University of Cincinnati School of Medicine**
 - Invited presenter, Grand Rounds titled “Empathy is Everything”
-Overview of Intensive Outpatient Program focused on building empathic connections within families with youngsters struggling with mental illness
 - **2010 The Joint Division of Child and Adolescent Psychiatry, University of Colorado Denver, School of Medicine, and Department of Psychiatry and Behavioral Sciences, The Children’s Hospital Colorado, Grand Rounds**
 - Invited presenter, session titled, “Attention Deficit Disorder-Child: Assessment, Treatment Practical Guidelines and Literature Updates”
 - **2009 The Joint Division of Child and Adolescent Psychiatry, University of Colorado Denver, School of Medicine, and Department of Psychiatry and Behavioral Sciences, The Children’s Hospital Colorado, Grand Rounds**
 - Invited presenter, session titled, “Parenting Approaches for Challenging Kids (PACK): An Evidence Based Approach, Part II”
 - **2009 The Joint Division of Child and Adolescent Psychiatry, University of Colorado Denver, School of Medicine, and Department of Psychiatry and Behavioral Sciences, The Children’s Hospital Colorado, Grand Rounds**
 - Invited presenter, session titled, “Parenting Approaches for Challenging Kids (PACK): An Evidence Based Approach, Part I”
 - **2008 The Department of Psychiatry, University of Colorado Denver, School of Medicine, Grand Rounds**
 - Invited presenter, session titled “An Evidence-Based Approach to Assessment and Treatment of Adult ADHD”
 - **2006 The Department of Endocrinology, Children’s Hospital Colorado, Grand Rounds**
 - Invited presenter, session titled, “Weight Gain and Metabolic Effects of Atypical Antipsychotics”

- **2006** The Joint Division of Child and Adolescent Psychiatry, University of Colorado Denver, School of Medicine, and Department of Psychiatry and Behavioral Sciences, The Children's Hospital Colorado, Grand Rounds
 - Invited presenter, session titled, "Weight Gain and Metabolic Effects of Atypical Antipsychotics"

❖ **Invited Community CME Presentations:**

- **2013** Parker Adventist Hospital, Parker, CO
 - Invited presenter, CME lecture titled, "Attention Deficit Hyperactivity Disorder: Focus on Medication"
- **2012** Cherry Creek Pediatrics, Denver, CO
 - Invited presenter, CME lecture titled, "Attention Deficit Hyperactivity Disorder Medications: An Update and Overview"
- **2012** The Children's Medical Center Pediatric Practice, Denver, CO
 - Invited presenter, CME lecture titled, "Attention Deficit Hyperactivity Disorder Medications: An Update and Overview"
- **2012** The Departments of Family Practice and Pediatrics, Greeley Community Hospital
 - Invited presenter, CME lecture titled, "Attention Deficit Hyperactivity Disorder Medications: An Update and Overview"
- **2011** The University of Colorado Physician Assistants Program, Aurora, CO
 - Invited presenter, CME lecture titled, "Pediatric Psychiatric Disorders: An Overview of Common Presentations and Approach to Assessment"
- **2010** The Departments of Family Practice and Pediatrics, Littleton Adventist Hospital, Littleton, CO
 - Invited presenter, CME Lecture, session titled, "Attention Deficit Hyperactivity Disorder (Pediatric): Focus of Pharmacology"
- **2009** The Departments of Family Practice and Pediatrics, Littleton Community Hospital, Littleton, CO
 - Invited presenter, CME Lecture, session titled, "An Evidence Based Approach to ADHD: Focus on Psychopharmacology"
- **2009** The Departments of Family Practice and Pediatrics, Boulder Community Hospital, Boulder, CO
 - Invited presenter, CME Lecture, session titled, "An Evidence Based Approach to ADHD: Focus on Psychopharmacology"
- **2008** The Departments of Family Practice and Pediatrics, Parker Adventist Hospital, Parker, CO
 - Invited presenter, CME Lecture, session titled, "An Overview of ADHD"

- **2007** The Department of Triage Nursing (“One Call” Nursing Staff), The Children’s Hospital Colorado
 - Invited presenter, CME Lecture, session titled, “Assessing Suicidal Risk in Youth”
- **2008** The Departments of Family Practice and Pediatrics, Parker Adventist Hospital, Parker, CO
 - Invited presenter, CME Lecture, session titled, “Adolescent Suicidality”
- **2008** Denver Public School District, Continuing Education Series for School Nurses
 - Invited presenter, CE Lecture, session titled “School Based Behavioral Approaches for Disruptive Children”
- **2006** The Departments of Family Practice and Pediatrics, Littleton Adventist Hospital, Littleton, CO
 - Invited presenter, CME Lecture, session titled, “Adolescent Suicidality”
- **2006** The Children’s Medical Group, Pediatric Group Practice Affiliated with The Children’s Hospital Colorado, Denver, CO
 - Invited presenter, CME Lecture, titled, “Adolescent Suicidality”
- **2006** Denver Public School District, Continuing Education Series, on Special Education
 - Invited presenter, CE Lecture, session titled, “Pediatric Psychopharmacology”
- **2005** Denver Public School District, Continuing Education Series, on Special Education
 - Invited presenter, CE Lecture, session titled, “Pediatric Psychopharmacology”

❖ **Invited Presentations While Serving In The United States Navy (1993-2005):**

- **2003-2005** Presented Lectures on Pediatric Psychopharmacology, Pharmacologic Treatment of Pediatric Aggression, Oppositional Defiant Disorder, Adolescent Suicidality to Departments of Psychiatry, Pediatrics and Emergency Medicine, Naval Medical Center, Portsmouth, VA
- **2003** Presented Seminar on Naval Award Writing to Mentoring Committee of U.S. Naval Hospital, Yokosuka, Japan
- **2002** Presented Lectures on Temperament, Oppositional Defiant Disorder and Behavior Management at Educator’s Day to group of 40 teachers from Department of Defense schools, Yokosuka, Japan
- **2002** Presented Lectures on Pediatric Psychopharmacology and School Refusal to group of 50 staff at Annual Educational and Developmental Intervention Services/Department of Defense Schools Collaborative Conference, Tokyo, Japan

- **2002** Presented Department of Educational & Developmental Services Grand Rounds on Temperament to Hospital Staff, U.S. Naval Hospital, Yokosuka, Japan
- **2001** Guest Speaker on “Health Scope,” healthcare broadcast for Yokosuka Naval Base, providing practical advice to parents and teachers on assisting children coping with terrorist threats, crisis intervention, in wake of “September 11th,” Yokosuka, Japan
- **2001** Presented Lectures on Temperament, Oppositional Defiant Disorder and Behavior Management to group of 50 staff at Annual Educational and Developmental Intervention Services, Department of Defense Schools Collaborative Conference, Tokyo, Japan
- **2000** Presented Joint Division of Child and Adolescent Psychiatry, University of California, San Diego, School of Medicine and Department of Child and Adolescent Psychiatry, Children’s Hospital San Diego Grand Rounds, session titled, “Out of Home Placement”
- **1999** Presented Joint Division of Child and Adolescent Psychiatry, University of California, San Diego, School of Medicine and Department of Child and Adolescent Psychiatry, Children’s Hospital San Diego Grand Rounds, session titled, “Pharmacologic Management of Childhood Aggression”
- **1999** Presented 4 Part Lecture Series on Juvenile Forensic Psychiatry at The National University, San Diego, CA

❖ **RESIDENT TRAINING AND TEACHING RECORD:**

❖ **Course Directorship:**

- **2011-2015 Course Director for Applied Psychotherapy Course**
 - Child & Adolescent Psychiatry Residency, University of Colorado, School of Medicine
- **2011-2013 Associate Course Director for Difficult Case Conference**
 - Child & Adolescent Psychiatry Residency, University of Colorado, School of Medicine
- **2005-2011 Associate Course Director for Mock Oral Board Preparation Course**
 - Child & Adolescent Psychiatry Residency, University of Colorado, School of Medicine
- **2006-2008 Course Director for Cognitive Behavioral Group Therapy Seminar**
 - Child & Adolescent Psychiatry Residency, University of Colorado, School of Medicine

- **2005-2007 Course Director for School Consultation Course**
 - Child & Adolescent Psychiatry Residency, University of Colorado, School of Medicine
- **2005-2003 Course Director of Child Psychopathology Course**
 - General Psychiatry Residency Training Program, Naval Medical Center, Portsmouth, VA and Eastern Virginia Medical School General Psychiatry Residency
- **2005-2003 Course Director of Pediatric Psychopharmacology**
 - General Psychiatry Residency Training Program, Naval Medical Center, Portsmouth, VA and Eastern Virginia Medical School General Psychiatry Residency
- **2005-2003 Course Director of Child Development Course**
 - General Psychiatry Residency Training Program, Naval Medical Center, Portsmouth, VA and Eastern Virginia Medical School General Psychiatry Residency

❖ **Didactics:**

- **2018 Lecturer “Transition to Practice” Course**
 - Child & Adolescent Psychiatry Residency, University Colorado School of Medicine
 - ◆ Presented pearls, practical tips and tools for developing private, non-profit organization and center
- **2007-2015 Lecturer Summer “Crash Course” in Psychopharmacology**
 - Child & Adolescent Psychiatry Residency, University Colorado School of Medicine
 - ◆ Introduction to ADHD Medications, Parts I and II
- **2007-2015 Lecturer Psychopharmacology Course**
 - Child & Adolescent Psychiatry Residency, University Colorado School of Medicine
 - ◆ ADHD Medications, Parts I and II
- **2010 Lecturer “Overview of Attention Deficit Hyperactivity Disorder”**
 - General Psychiatry Residency, University of Colorado Denver, School of Medicine

❖ **Clinical Supervision and Teaching:**

- **2009-2015 Faculty Clinical Supervisor**
- **Child and Adolescent Psychiatry Resident Clinics, Children’s Hospital Colorado**
 - Provided on site, live, weekly clinical supervision-5 hours weekly
- **2011-2015 Faculty Psychotherapy and Professional Development Supervisor**
- **Child & Adolescent Psychiatry Residency Program, University Colorado School Medicine**

- Provided weekly, supervision of psychotherapy cases for child resident
- Provided weekly mentorship regarding professional development
- **2006-2010 Faculty Clinical Supervisor**
- Child and Adolescent Psychiatry Resident Clinics, University of Colorado Hospital
 - Provided on site, clinical supervision, weekly-5 hours weekly
- **2006-2015 Clinical Supervisor for The Intensive Family Therapy Team**
- Community Based Psychiatry Services, University of Colorado Hospital
 - Provided weekly supervision to Master's Level, Licensed Counselors
- **2005-2007** Developed and Disseminated a **Child Psychopharmacology Reference Guide**
- Child & Adolescent Psychiatry Residency, University of Colorado School of Medicine
 - Updated 2005, 2006 and 2007, unpublished manuscript
- **2005-2007 Faculty School Consultation Program Supervisor**
- Denver Public School District, Denver, CO
- Child & Adolescent Psychiatry Residency Program, University Colorado School Medicine
 - Provided on site, weekly supervision, in school consultation-5 hours weekly
- **2005-2007 Faculty Psychotherapy Supervisor**
- Child & Adolescent Psychiatry Residency Program, University Colorado School Medicine
 - Provided weekly, supervision of psychotherapy cases for child resident
- **2003-2005 Clinical Assistant Professor of Psychiatry**
- Eastern Virginia Medical School
 - Provided on site, weekly supervision to medical students and residents rotating in Child and Adolescent Psychiatry at the Naval Medical Center, Portsmouth, VA

❖ **BIBLIOGRAPHY:**

❖ **Books and Monographs:**

- **2015 Cook, M.** Transforming teen behavior: Parent-teen protocols for psychosocial skills training. Copyrighted 2014, San Diego, CA: Elsevier Publishing
 - This book contains treatment protocols, parent and teen workbooks and therapist “tool boxes” for parent and psychosocial skills training for use in routine and intensive outpatient psychiatric programs, for youth with severe emotional disturbances
- **2012 Cook, M.** Transforming behavior: Training parents and kids together. Copyrighted 2012, Baltimore, MD: Brookes Publishing.
 - This book contains treatment protocols, parent & child workbooks & therapist “tool boxes” for parent & psychosocial skills training for use in routine & intensive outpatient psychiatric programs for youth with severe emotional disturbances

- **2004 Cook, M.** Counseling kids with emotional and behavioral problems in the schools. Copyrighted 2004, Denver, CO: Love Publishing.
 - This book presents practical interventions for use by school counselors in managing children with emotional and behavior problems in the school setting
- **2001 Cook, M.** *The impact of separating children from caregivers: implications for out of home placement and suggestions for alternatives.* San Diego, CA: Juvenile Court of San Diego County.
 - This was a court monograph prepared at the request of Presiding Juvenile Court Judge for the purposes of training judges.

❖ Chapters:

- **2011 Cook, M., Peterson, J.** *Adolescent depression and suicidal ideation chapter.* 5th edition Berman's pediatric decision making. Philadelphia: Lippincott, William & Wilkins.
- **2011 Cook, M., Peterson, J.** *Adolescent substance abuse chapter.* 5th edition of Berman's pediatric decision making. Philadelphia: Lippincott, William & Wilkins.

❖ Practice Parameters:

- **2015 Cook, M., Rajendran, G., Williams, J.** *Overview of Evidence Base for the Assessment and Treatment of Attention Deficit-Hyperactivity Disorder and Oppositional Defiant Disorder.* University of Colorado School of Medicine.
- **2010** Contributed to research for development of *The American Academy of Child and Adolescent Psychiatry Practice Parameter on Family Intervention*, lead authors Allan Josephson, MD, John Sargent, MD
 - Performed and summarized literature review for family treatments for youth with substance use disorders, October 2010.
- **2010** Contributed to research for development of *The American Academy of Child and Adolescent Psychiatry Practice Parameter on Family Interventions (pending)*, lead authors Allan Josephson, MD, John Sargent, MD
 - Performed and summarized literature review for family treatments for youth with medical illness, October 2010.

❖ Articles:

- **2014 Cook, M., Crisostomo, P., Simpson, T., Williams, J., Wamboldt, M.** Effectiveness of an Intensive Outpatient Program for Disruptive Children: Initial Findings. *Community Ment Health J* 50:164-171.
- **2012 Cook, M., Crisostomo, P., Simpson, T., Williams, J., Wamboldt, M.** Effectiveness of an Intensive Outpatient Program for Disruptive Children: Initial Findings. *Community Mental Health Online Journal*, Dec 2012.

- **2012 Cook, M.** Invited reviewer for Dulcan's Textbook of Child and Adolescent Psychiatry. Review requested by the Journal of the American Psychiatric Association, due publication May 2012 issue.
- **2009 Cook, M.,** Peterson, J., Sheldon, C.. *Adolescent depression: An update and guide to clinical decision making*. Psychiatry 2009, 6 (9), pp. 17-31.
- **2009 Cook, M.** *New Intensive Outpatient Psychiatry Program Launches*. Practice Update, The Children's Hospital, Denver.
- **2008 Cook, M. & Williams, J.** *Parenting approaches for challenging kids (PACK)*. The Group Psychologist, 18 (2), pp. 23-24.
- **2008 Cook, M.,** *Practice parameter for the assessment of the family: a concise overview*, AACAP Newsletter, March 2008. Washington, D.C., American Academy of Child and Adolescent Psychiatry.
- **2006 Cook, M.** *The launch of psychiatric specialty clinics and intensive outpatient psychiatry program at Denver children's hospital*. CCAPS Newsletter, Autumn 2006. Denver, CO: Colorado Child and Adolescent Psychiatric Society.
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